## **Pre-Employment Transition Services**



Criteria for participation in Pre-Employment Transition Services (Pre-ETS):

- Student with a documented disability, AND
- Is enrolled in a secondary, postsecondary, or other recognized educational program, AND
- Is not younger than 14 years of age, AND
- Is not older than 22 years of age when enrolled in secondary education, OR, post-secondary education

### Who We Are

### **About Us**

Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR) starts with the presumption that all individuals with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in competitive integrated jobs within their communities.

Vocational Rehabilitation Counselors guide and support each individual to assist the individual in reaching their employment goal.

### **Contact Us**

For more information call your local ACCES VR office or dial: **1-800-222-5627** 



http://www.acces.nysed.gov/vr/district offices



The University of the State of NY The State Education Department Adult Career and Continuing Education Services Vocational Rehabilitation 89 Washington Avenue Albany NY 12234





Job Exploration Counseling

Work Based Learning Experiences

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Post-secondary Options Counseling

Workplace Readiness Training to Develop Social Skills and Independent Living

Instruction in Self-Advocacy



# Pre-Employment Transition Services for Students with Disabilities



#### Job Exploration Counseling

Fosters motivation and allows for informed decision-making while focusing on exploring career options, career changes, career counseling, and employment-seeking methods.

- Vocational interest assessments
- Development of personal work values.
- Identifying career awareness and career pathways
- Exploration of the labor market/in-demand occupations/non-traditional employment options
- Goal setting, role playing, and paid or unpaid work experiences



### Work Based Learning Experiences

Real workplace experiences to provide students with the knowledge and skills that will help connect school experiences to real-life work activities and future career opportunities.

- Job shadowing, career mentorship, and internships
- In-school or out of school opportunities
- Experiences outside the traditional school setting
- Collaborating with private, forprofit, public, or nonprofit businesses in your community
- In-depth engagement of youth and an evaluation of acquired work relevant skills



## Workplace Readiness Training to develop social skills and independent living

Increases student employment readiness to prepare for success in the workplace. Skill development and workplace awareness to achieve employment goals.

- ♣ Resumé Development
- Interview Skills Preparation
- Expectations of Employer
- Teamwork Attitude Awareness
- ♣ Financial Literacy Introduction
- Work Environment Orientation



Student exploration and planning on a variety of postsecondary education and training opportunities.

- Comprehensive Transition Programs.
- Community Colleges, Universities
- ↓ Vocational Training/Trade Schools
- Postsecondary Programs at community colleges/universities for students with intellectual, developmental disabilities
- Individualized student strategies to support smooth transition from high school to postsecondary education including- technology needs, attending college fairs, and connecting to disability support services.



### **Instruction in Self Advocacy**

Develops students' ability to effectively communicate, convey, negotiate or assert their own interests and/or desires.

- Self Determination
- Decision Making/Problem Solving
- Identifying and requesting accommodations
- Understanding rights and responsibilities
- How to request and accept help
- ♣ Taking leadership in support plans
- Ability to monitor progress
- Positive Self talk